

*‘ADVENTURE AND ECOTOURS IN
HIMACHAL PRADESH’*

**A REPORT ON THE NATIONAL
TRIP TO HIMACHAL PRADESH**

DATE: NOVEMBER, 17TH TO 28TH 2022

**BY THE SEMESTER III & V STUDENTS
BACHELOR OF TOURISM AND TRAVEL
MANAGEMENT
LADY KEANE COLLEGE
SHILLONG**

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1. STUDY TOUR PROPOSAL: ECO TOURISM IN HIMACHAL PRADESH

As per the course curriculum of the BTTM course, the Semester IV students (2021), of the Department of Tourism and Travel Management, have to undertake a national trip to famous places of tourism importance and the destination that was unanimously chosen is Himachal Pradesh and the purpose for the study trip is **eco-tourism**. The students need to prepare the Field Trip Report (BTM-414) that will be evaluated at the end of the Semester IV.

Eco-tourism is all about being sensitive to one's surroundings and the need to preserve nature and the culture of the destination. The **aims and objectives** which the Semester IV students of the Department of Tourism and Travel Management are required to achieve from this national eco-tour to Himachal Pradesh are:

- i) To observe the pristine and natural surroundings of Himachal Pradesh
- ii) To study about the environmental conservation measures undertaken by the different eco-tourism destinations in Himachal Pradesh
- iii) To know about the employment opportunities in the different eco-tourism destinations in Himachal Pradesh
- iv) To learn about the different cultural attributes of Himachal Pradesh
- v) To find out the impact of tourism activities on the different eco-tourism destinations in Himachal Pradesh

Based on the above aims and objectives of the eco-tour to Himachal Pradesh, the following are the **expected outcomes from the students** who will undertake this trip:

- i) The students will have a geographical knowledge of the natural areas in Himachal Pradesh.
- ii) The students will receive a detailed explanation on how the environment is conserved in the different eco-tourism destinations in Himachal Pradesh
- iii) The students will be able to interact with local authorities of the eco-tourism destinations in Himachal Pradesh.
- iv) The students will be able to know about the employment opportunities given to the local people in the different eco-tourism destinations in Himachal Pradesh.
- v) The students will get an exposure on the different cultural attributes of Himachal Pradesh

- vi) The students will learn about the impact of tourism activities on the different eco-tourism destinations in Himachal Pradesh (both positively and negatively).
- vii) The students will take the examples of positive and responsible tourism regulations and activities on the different eco-tourism destinations in Himachal Pradesh and apply the same for developing eco-tourism practices in their home states.
- viii) The students will provide suggestions for removing the negative impacts of tourism activities (if any) on the different eco-tourism destinations in Himachal Pradesh.

To
Shri R. Decruse
Principal in charge
Lady Keane College

Date: 17.09.21

Subject: National trip of the BTTM 3rd & 5th Semester.

Respected Sir,

With reference to the above mentioned subject, the curriculum of the BTTM Semester IV requires that the Semester IV students have to undertake a national trip to famous places of tourist importance in the country and prepare the Field Trip Report (BTM-414) that will be evaluated at the end of the Semester IV. With regards to this, the department will be taking the students on a national trip to Himachal Pradesh (tentatively in November 2021). Therefore, we request you to approve the proposal and also to sanction the required funds for the trip.

Due to the situation of the pandemic in 2020 we were unable to take the then 3rd semester students for a national trip. So on this regard, we would also like to take the particular batch along in this trip.

Your kind consideration for this matter will be highly appreciated.

Thank you.

Ms. Montimon Diengdoh
Assistant Professor
Department of Tourism and Travel Management
Lady Keane College, Shillong.

2. PROPOSED BUDGET:

Sl. No	Particulars	Price & Quantity	Total
1	Package price Shimla, Manali & Kasol (Lodging & Fooding MAP)	14500×28	406,000
2	Transportation (Shillong-Delhi)	155,000	155,000
3	Miscellaneous	30,000	30,000
Total			5,91,000

3. ITINERARY

(Certifications by **Himachal Tourism**)

We are so delighted to assist you with your upcoming trip! In regards to our discussion, please check the following details. In case you wish to make any further changes please inform us and our team will be happy to customize it. We understand “how excited you are for the trip” and thus Traventure Vacations promise to give all those great experiences that you have ever imagined.

Package Name: Himachal Harmony with Amritsar

Tour Route: Delhi – Amritsar(2N) - Kasol (1N) – Kheerganga (1N) – Manali (3N) – Delhi

Duration: 7 Nights/8 Days

Number of Travellers: 21 adults

Travel Dates: 18th November 2021

Amritsar

Jalianwala bagh

Wagah border

Kasol

Kheerganga Trek

Manali Local City Tour

Solang Valley Sightseeing

Day Services: Stay, Dinner & Car

On arrival at Delhi Railway station. Our representative will meet you and take you towards Amritsar. On arrival at Amritsar Check-in to a hotel for an overnight stay. Spend the night at the hotel.

Day Services: Stay, Breakfast, Dinner & Car

In the morning, go for Amritsar city tour. The sightseeing will include visit to the beautiful Harmandir Sahib, famous as the Golden Temple. It is called so, for its roof is gold leafed. Then visit the Jallianwala Bagh. Later in the afternoon, take a drive to the Wagah Border. Wagah (Indo-Pak) border, to witness changing of guard and lowering of flags ceremony. Have a comfortable stay in the hotel at night.

Day Services: Stay, Breakfast, Dinner & Car Today morning after breakfast check out from the hotel and proceed towards Kasol. On the way catch glimpses of beauty of Himachal. Reach Kasol followed by check-in into the hotel. Overnight stay will be in camps.

Kasol is a hamlet in the district Kullu, Himachal Pradesh, northern India. It is situated in Parvati Valley, on the banks of the Parvati River, on the way between Bhuntar and Manikaran. It is located 30 km from Bhuntar and 3.5 km from Manikaran. Kasol is the Himalayan hotspot for backpackers. and acts as a base for nearby treks to Malana and Kheerganga. It is called Mini Israel of India due to strong Jewish history and heritage found here.

Day Services: Stay, Breakfast, Dinner & Car This day after breakfast get transferred to Barshaini i.e starting point of Kheerganga trek. The trek to Kheerganga from here is about 12 kms and will take about 5 to 6 hours to complete, as you pass through a dense foliage of trees

and with the river Parvati accompanying you on the journey. After reaching the top and having checked into the camps, you can enjoy a dip in the hot water springs of Parvati Kund to wash off the strenuous journey of the day. Dinner and overnight stay in camps under the billion of stars.

Khirganga Kasol Trek is the perfect weekend trek in Parvati Valley Himachal Pradesh. Khirganga trek starts from Barshaini village .Khirganga is actually a refreshing treks in Himalayas as you reach there then the natural hot water spring takes away all pain due to trekking in Himalayas.

Day Services: Stay, Breakfast, Dinner & Car This day after breakfast check out from camps and hike back from Kheerganga, visit world famous Manikaran Gurudwara Sahib, drive towards Manali, after reaching Manali check in to your hotel and after some rest now it's time to have delicious dinner. Overnight stay at Manali..

Day Services: Stay, Breakfast, Dinner & Car

After fresh up enjoy Manali local sightseeing tour. Start your trip by covering **Hadimba Devi Temple and Ghatotkacha Temple**. The temples are dedicated to Mata Hadimba (the most worshipped deity in Himachal) and her son Ghatotkacha. **Clubhouse** will be next place to visit. Here, enjoy recreational activities such as **Skating, disco, zipline, TT** and much more. Later bathe yourselves in Sage **Vashisht's Hot Springs** containing Medical properties. Right across the Hot spring are temples of Lord Shiva and Lord Ram where one can pay a visit. Overnight stay will be in reserved Hotel.

Day Services: Stay, Breakfast, Dinner & Car

After breakfast it is time for some adventures!

Solang Valley (15 Kms from Manali)

Summers or winters, this place never fails to fascinate the visitors. Summers offer enchanting greenery all around whereas the winters are blessed with amazing snowfalls. While visiting Solang Valley one should also try their hands on adventure activities as it is one of the best place for adventures near Manali.

Dinner and overnight stay at Manali.

Winter Note: *During Snowfall Solang valley sightseeing point will be covered if weather, road condition is clear and possibilities of vehicle to reach there, otherwise sightseeing up to Barrier Point will be provided.*

Day Services: Breakfast & Car

After breakfast check out from the hotel and drive to Delhi Airport/ Railway Station for drop with ever memorable moments of your exotic trip...

4. OVERVIEW OF THE TRIP

The Department of Tourism and Travel Management has conducted a national trip to Himachal Pradesh for the semester III students of the Bachelor of Tourism and Travel Management from the 17th November to 28th November 2021. The trip was taken as part of the curriculum of the 4th semester where students need to prepare the Field Trip Report (BTM-414) that will be evaluated at the end of the Semester IV.

The theme for the national trip this year was on “Eco tourism in Himachal Pradesh” and the duration was for 10 days. The itinerary of the National trip included Amritsar and Himachal Pradesh. Therefore, students can select themes and topics from history, heritage, culture, adventure and also ecotourism for writing their reports.

Objectives of the Trip:

- i) To observe the pristine and natural surroundings of Himachal Pradesh.
- ii) To study about the environmental conservation measures undertaken by the different eco-tourism destinations in Himachal Pradesh.
- iii) To know about the employment opportunities in the different eco-tourism destinations in Himachal Pradesh.
- iv) To learn about the different cultural attributes of Himachal Pradesh.
- v) To find out the impact of tourism activities on the different eco-tourism destinations in Himachal Pradesh.

Learning Outcomes:

- I. The students have experienced an exposure on a different cultures and landscapes of Punjab and Himachal Pradesh.
- II. The students have observed on how environment is conserved in the different eco-tourism destinations in Himachal Pradesh.
- III. The students got an insight about the employment opportunities given to the local people in the different eco-tourism destinations in Himachal Pradesh.

- IV. The students learnt about the impact of tourism activities on the different eco-tourism destinations in Himachal Pradesh (both positively and negatively).
- V. The students have seen the examples of positive and responsible tourism regulations and activities on the different eco-tourism destinations in Himachal Pradesh and apply the same for developing eco-tourism practices in their home states.
- VI. The students have also provided suggestions for removing the negative impacts of tourism activities (if any) on the different eco-tourism destinations in Himachal Pradesh.

Descriptions on the National Trip:

The students of the semester III of Bachelor of Tourism and Travel Management started their journey from Shillong on 16th November 2021 at 10 PM. The group board the train around 5 AM on 17th November and reached Delhi at 1 PM on 18th November. From Delhi, the group directly proceeded to Amritsar which took them almost 13 hours to reach. They checked in hotel at around 2 in the morning of 19th November and started their local sightseeing at 9:30 first by visiting Jalian Walla Bagh, Wagah Border and the Golden Temple. On 20th November, the group proceeded to Kasol and camp at Parvatti valley campsite for the night. The next day the group went for a 5 hours trek route to the famous Kheerganga Trek and overnight stay at the campsite experiencing the therapeutic properties of the hot spring. On 22nd of November, the group proceed to Manali, and overnight stay at Manali. On 23rd November, the group was taken for a local sightseeing, visiting temples, biological gardens and markets. The group was also taken to Atal tunnel, the longest tunnel and to Kokzar to experience and see snow. On 25th the students were left Himachal Pradesh and proceeded to Delhi. It took almost 13 hours to reach Meghalaya House New Delhi and finally checked in around 3 in the morning. They were also take for a local tour in Delhi, visited the Lotus temple and boarded the train to Guwahati on 27th November at 11 AM. The group reached Shillong on the 29th around 3 AM and ended the tour.

5. DETAILS OF STUDENTS AND FACULTY

Name of students and accompanying teachers:

Sl/No.	Name
1	Banrisuklang Marngar
2	Baphira Thawmuit
3	Emaia Phika Passah
4	Enrichment Dkhar
5	Ibadalang Sylliang
6	Ladianghun Nongsiej
7	Lareen Rida Niewkor Massar
8	Metung Cheda
9	Nancy Tongper
10	Philawanbet Rymbai
11	Ngangkham Babyna
12	Abigail Carnelian Wann
13	Angelica Lyngdoh
14	Ibansiewdor Thongni
15	Philajop Kharkongor
16	Della Khosiini Nongspung
17	Yumi Dada
18	Montimon Diengdoh
19	Sushant B Surong
20	Shemladbahun Hujon
21	Raja Nongkhlaw

6. STATEMENT OF EXPENDITURE

Statement of Expenditure incurred during the National Trip to Himachal Pradesh from 16th - 28th November 2021.

Sl/No.	Particulars	Date	Bill No.	Amount
1	Train Tickets	17.11.21		102070.00
2	Tour Package			328500.00
3	Bus	16.11.21	806	9000.00
		28.11.21	807	9000.00
4	Surgical masks	15.11.21		300.00
5	Water bottle			400.00
6	Lunch	18.11.21	80055	1428.00
		19.11.21		540.00
	Breakfast	20.11.21		380.00
	Lunch	20.11.21	1773	1060.00
		22.11.21		900.00
		23.11.21		1720.00
		24.11.21	519	3570.00
		25.11.21	84649	1066.00
26.11.21	S11/2122/0018729	317.00		
7	Entry fee	24.11.21	14279	300.00
8	Rent items	24.11.21	5213	5250.00
			5213	6000.00
9	Taxi	26.11.21	725	2800.00
			726	2800.00
10	Metro	26.11.21	215138	180.00
			215138	180.00
			148574	180.00
11	Meghalaya House	27.11.21	457	6750.00
Total Amount				4,84,691.00



